



# Agenda: Regional Anesthesia Hands-On Workshop

## Upper & Lower Extremity Peripheral Nerve Blocks

**Location:** St. Mary's Medical Center – Long Beach, CA

**Date:** August 26<sup>th</sup>, 2021 from 5 PM to 9 PM PST

1. CME statement (Please refer to projection & review at your leisure)
2. Introduction, overview, & objectives
3. Pre-Test knowledge assessment
4. Didactic of Upper Extremity
  - a. Interscalene Nerve Block
    - i. Review of anatomy
    - ii. Ultrasound correlation
    - iii. Indications
    - iv. Contraindications
    - v. Complications
  - b. Supraclavicular Nerve Block
    - i. Review of anatomy
    - ii. Ultrasound correlation
    - iii. Indications
    - iv. Contraindications
    - v. Complications
5. Overview of anatomy with ultrasound scanning by instructor

**BREAK**

6. Didactic of Lower Extremity
  - a. Femoral Nerve Block
    - i. Review of anatomy
    - ii. Ultrasound correlation
    - iii. Indications
    - iv. Contraindications
    - v. Complications
  - b. Adductor Canal Block
    - i. Review of anatomy
    - ii. Ultrasound correlation
    - iii. Indications
    - iv. Contraindications
    - v. Complications
  - c. Popliteal Nerve Block
    - i. Review of anatomy
    - ii. Ultrasound correlation
    - iii. Indications

- iv. Contraindications
- v. Complications
- 7. Hands-On Ultrasound Scanning
- 8. Instructor assessment
- 9. Attendee scanning stations
- 10. Individualized Skills Assessment

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- 11. Review of best practices
- 12. Question and Answer

*Thank you for your participation.*